

## Toughest 10K Galveston Race Day Instructions

For **MOST CURRENT** information please watch for the Digital Runner's Guide, which will be posted shortly before race day. The Runner's Guide will be announced on Facebook and linked on the main home page of this website as soon as it is available.

Welcome to the Toughest 10K Galveston hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

**Race Start Time:** 7:30 AM

**Race Start Location:** Start and Finish at the Galveston County Daily News (8522 Teichman Road, Galveston, Texas 77553).

**PARKING NOTE: NO parking at the Start/Finish.** Use SATELLITE PARKING (see information below) or park where you can (businesses may tow) except at the Start/Finish, that will be blocked off.

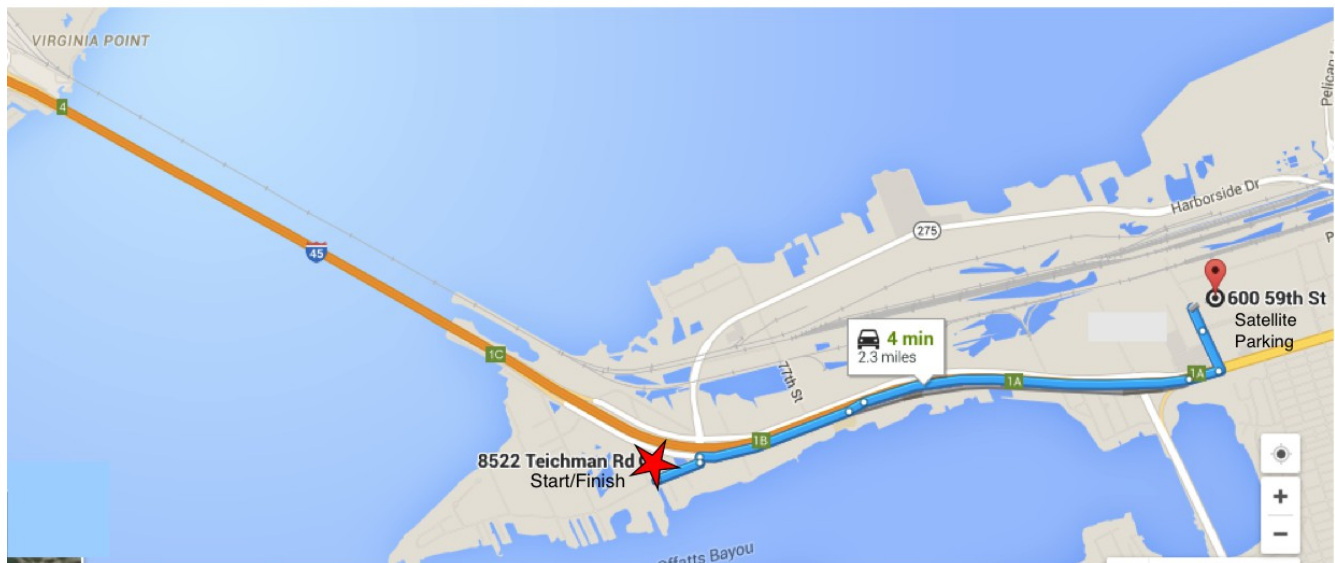
**Satellite Parking: Galveston County District Clerk BLDG. 600 59th St. Galveston TX 77551**

**Shuttle Transportation:** Shuttle transportation from the satellite parking lot will be available to transport runners (and family/supporters) to the start/finish line starting at 5:30 AM. Last shuttle leaves at 7:15 AM. Shuttle transportation back to the parking lot will be available after the race start (~7:45 AM).

**Car pooling** is highly suggested! Please allow yourself ample time to find a parking space and get to the race start area.

**Driving Direction from Houston to Satellite Parking:** Take I-45 South. Follow I-45 South onto State Highway 87 N. for 0.1 mile. Turn left onto 59<sup>th</sup> Street. Continue 0.2 miles to destination on right.

Note: If you are trying to drive to the start/finish line to access donor parking, the exit to Teichman Road/Harborside Drive will close at 6:45 AM.



**Bag Drop:** Bag drop is available next to packet pickup, at the Galveston Daily News

### Race Timing System

The timing tag will be distributed in your race packet with your bib. It is attached to your bib. Do not forget the timing tag on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your timing tag, you will need to pay \$10 to replace it.

**Packet Pickup and Race Day Registration:** Race day packet pickup and race day registration (credit card accepted) are available starting at **6AM**. Race day registration is available **if there are any slots left, as long as they last**. However, you will not be given a shirt until after the race if available.

**Course description:** Out and back, Start and Finish at the Galveston County Daily News, get on the causeway north bound (against traffic) exit Tiki Island, turn around, back same way. Stay to your left to avoid runners coming in the opposite direction.

**Water Stations:** Water stations will be on either side of the bridge (before and after the Causeway), but there will be no water stations *on* the bridge

**Port-A-Johns:** will be at Start/finish and all aid stations.

**Bibs:** All participants must wear their bib on the front in a way so that it can be seen by course officials. The bib is non-transferable. **No official finishing time will be awarded if someone else is wearing your bib.**

**If you lose your bib or timing tag or you forget them at home, there will be a \$10 charge to reissue you a new bib or tag.**

**Race Time Limit:** 2 hours (strictly enforced)

**Course Markers:** Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

**Photography:** Official race photographer will be on the course and at the finish.

**Finish line:**

Keep moving after you cross the finish line.

Once you finish you are not allowed back in the finish area.

You are not allowed to cross the finish line again with friends, family or running buddy.

Results will be posted at the onsite and also on the official website at [www.toughest10kgalveston.org](http://www.toughest10kgalveston.org).

Finisher's medal will be awarded just outside the finish chute. **All finishers will receive a finisher's medal.**

Awards Ceremonies will start at 9:00 AM or when official results are available whichever is the later

**Post-race Party:** After you finish your event, stick around and cheer in your fellow runners and walkers and party in the park with us, there will be lots of food, fun, and entertainment for your enjoyment.

Race website: <http://www.toughest10kgalveston.org/>

Announcements and updates: <https://www.facebook.com/galvestontoughest10k>